

# Carissa Bub

Internationally Certified Team Performance Coach, Systemic Coach, and Leadership Trainer



Carissa is a Certified Team Performance Coach and Leadership Trainer who works primarily with CEOs and executive teams.

She is the founder of Bubworks, a leadership development consultancy and has over 19 years experience in coaching and training senior management across four continents and across more than 150 organisations.

She is the host of the Team Coaching Zone podcast.

Carissa is a member of TCI's University faculty connected to US based Team Coaching International, and former faculty of CRRGlobal, the systems coach training institute.

As partner of Team Coaching Europe (TCE), Carissa designs and executes team performance and leadership development programs for TCE's global accounts.

Her purpose is to bring joy through creating relationships in which humans, businesses and the planet flourish.

Some of Carissa long-standing multinational clients are UPS, MARS, BlackRock, Stanley Black & Decker, Modern Times Group, Infineum, Apollo Asset Management, and multiple international SMEs across various industry sectors.

She is passionate about hiking the wilderness and cities alike, supporting young entrepreneurs, and developing leaders and teams who are conscious about the impact they want to make in the world.

Born in London, Carissa has lived in Hamburg, Paris, New York, Montreal, and the Channel Islands, and continues to travel worldwide for work.

Prior to developing people, Carissa was a broadcast news and current affairs journalist with the BBC and Channel Television.

She is an ICF accredited Executive Coach, Organisational & Relationship Systems Coach, Team Performance Coach, Systemic Team Coach, an accredited facilitator of Oshry's Organisational Workshop and multiple psychometric assessment tools, and a Master Practitioner of NLP. She holds a Masters in Psychoanalytic Developmental Psychology, Post-Graduate Diploma in Broadcast Journalism, and a BSc. in Urban Estate Management.